## NOPPS \* DO DO DO S WEEKLY PLAN (up 3 yrs)

| Day        | Monday                                     | Tuesday  | Wednesday   | Thursday                                | Friday  |
|------------|--|--|---|---|---|
| 7.30-8am   | BREAKFAST                                  |  |   |   |   |
| 8-9am      | Picture snap games                         | Set up role play<br>games using<br>teddies/toys                            | Independent play, using<br>bricks, construction<br>toys, train sets | Play dough<br>activities                | Nursery rhymes<br>with actions                      |
| 9-10.30am  | Library visit –<br>rhyme/story time        | Cooking &baking<br>session   | Drama games (cross<br>the circle, catch the<br>story etc)           | Listen to stories,<br>CDs/playing music | Arts & Crafts                                       |
| 10.30-11am | SNACK                                      |  |   |   |   |
| 11-12pm    | Play alphabet games<br>Sing alphabet songs | Playgroup at St<br>Benedict's  | Flashcard games   | Story time at<br>Pitshanger Library     | Cooking &baking<br>session                          |
| 12-1 pm    | LUNCH                                      |  |   |   |   |
| 1-2pm      | Dress up game                              | Read pop-up books,<br>books with holes,<br>textures, fabrics<br>and sounds | Action rhymes/<br>treasure hunts                                    | Hands puppet show                       | Playground/going for<br>a walk to the park          |
|            | Nap time                                   | Nap time   | Nap time  | Nap time                                | Nap time  |
| 2-3pm      | Play dough games                           | Creative play or<br>Dance  | Dress up game   | Cooking &baking<br>session              | Creative play or<br>Dance                           |
| 3-4pm      | ΤΕΑ  |  |   |   |   |
| 4-6pm      | Outdoor games                              | Memory games   | Outdoor games/<br>water play  | Songs, rhymes and<br>funny names        | Drama games (wind<br>blows, catch the<br>story etc) |
| 6-7pm      | DINNER                                     |  |   |   |   |

## \*Early years foundation stage (EYFS) learning areas:

- Personal social and emotional development
- Physical development
- Communication and language
- Literacy
- Mathematics
- Understanding the world
- Art and design